

NUTRITIONAL GUIDE

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17 JANUARY - 26 MARCH 2012

2 TYPES
of
tasty
TEASE ME, PLEASE ME.



TRIPLE-DECKER[®]






PIZZA POP-ITZ



PROMOTIONAL ITEMS 17 JANUARY - 26 MARCH 2012

GENERIC

MENU ITEM	Weight	Kilojoules (kJ)	* Carbohydrates (g)	Protein (g)	Total fat (g)	# Mono fat (g)	# Poly fat (g)	# Sat fat (g)	Trans fat (g)	Dietary Fibre (g)	Cholesterol (mg)	Total Sodium (mg)
												
Two types of Tasty - Macho Salami Standard	per pizza per slice	4647 775	90 15	56.9 9.5	59.2 9.9	23.2 3.9	4.7 0.8	27.6 4.6	1.5 0.3	5.7 1	160 27	2936 489
Two types of Tasty - Sweet Chilli Chicken and Feta Standard	per pizza per slice	3687 615	91 15	50.0 8.3	35.9 6.0	9.7 1.6	3.3 0.6	20.4 3.4	1.4 0.2	7.1 1.2	115 19	1594 266
												
Triple-Decker Meat Large	per pizza per slice	11567 1446	314 39	147.8 18.5	109.2 13.7	33.3 4.2	7.8 1.0	68.1 8.5	<0.1 <0.1	25.1 3.2	343 43	7454 932
Triple-Decker Chicken Large	per pizza per slice	11350 1419	328 41	142.8 17.9	99.3 12.4	27.3 3.4	6.4 0.8	65.6 8.2	<0.1 <0.1	28.5 3.6	335 42	6975 872
												
Ham & Spring Onion Pizza Pop Itz	per pop	7190 599	139 12	78.9 6.6	97.3 8.1	26.8 2.2	4.8 0.4	57.6 4.8	3.4 0.3	8.6 0.7	320 27	2969 247
Chutney Pizza Pop Itz	per pop	7244 604	154 13	73.7 6.1	94.4 7.9	25.4 2.2	4.5 0.4	56.6 4.7	3.4 0.3	9.1 0.8	303 25	2978 248

**Carbohydrates by difference

*ND = not detected

N/A = not available




#Mono fat = monounsaturated fat

#Poly fat = polyunsaturated fat

#Sat fat = saturated fat

PROMOTIONAL ITEMS 17 JANUARY - 26 MARCH 2012

HALAAL

MENU ITEM	Weight	Kilojoules (kJ)	* Carbohydrates (g)	Protein (g)	Total fat (g)	# Mono fat (g)	# Poly fat (g)	# Sat fat (g)	Trans fat (g)	Dietary Fibre (g)	Cholesterol (mg)	Total Sodium (mg)
												
Two types of Tasty - Macho Salami Standard	per pizza per slice	4352 725	90 15	57.9 9.7	50.7 8.5	19.7 3.3	3.7 0.6	24.1 4.0	1.5 0.2	5.7 1	160 27	2826 471
Two types of Tasty - Sweet Chilli Chicken and Feta Standard	per pizza per slice	3687 615	91 15	50.0 8.3	35.9 6.0	9.7 1.6	3.3 0.6	20.4 3.4	1.4 0.2	7.1 1.2	115.0 19	1594 266
												
Triple-Decker Meat Large	per pizza per slice	12331 1541	312 39	169.3 21.2	120.9 15.1	36.3 4.5	6.1 0.8	78.4 9.8	<0.1 <0.1	29.2 3.7	442 55	8074 1009
Triple-Decker Chicken Large	per pizza per slice	11350 1419	328 41	142.8 17.9	99.3 12.4	27.3 3.4	6.4 0.8	65.6 8.2	<0.1 <0.1	28.5 3.6	335 42	6975 872
												
Macon & Spring Onion Pizza Pop Itz	per pop	7355 613	131 11	77.1 6.4	102.6 8.55	29.3 2.4	5.11 0.4	59.8 4.9	3.4 0.3	8.6 0.7	320 27	2880 240
Chutney Pizza Pop Itz	per pop	7244 604	154 13	73.7 6.1	94.4 7.9	25.4 2.2	4.5 0.4	56.6 4.7	3.4 0.3	9.1 0.8	303 25	2978 248

**Carbohydrates by difference

*ND = not detected

N/A = not available

#Mono fat = monounsaturated fat

#Poly fat = polyunsaturated fat

#Sat fat = saturated fat